

THE BETHEL NEWS.

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Don't wait until your buildings and furniture burn before having insurance. Call on Buck at once.

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Remington bicycles are made from Mannesmann tubing. If you don't know how this differs from other tubing inquire of S. N. Buck.

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The Columbian Club will meet with Mrs. A. E. Herrick Saturday April 18th, at 2.30 P. M. It is hoped that the ladies who found the course of Roman History so profitable during the past winter will be present at this meeting, which will probably close the year's work.

At the citizen's meeting in Odeon Hall last Saturday afternoon, the intermediate steps were taken to observe the 100th anniversary of the incorporation of the town of Bethel. The meeting was called to order by 1st. Selectman Farwell, and he was chosen chairman of the meeting, with A. D. Ellingwood, Secretary. Remarks were made favoring the project, by Henry Farwell, A. W. Gray, Ceylon Rowe, A. E. Herrick, Col. Edwards and J. M. Philbrook.

A. E. Herrick made a motion to the effect that the selectmen constitute a central committee with power to add to the central committee, and to appoint any sub-committees that they deemed necessary. The meeting was then adjourned to Saturday, April 25 at 2 o'clock, Odeon Hall; at which time the amount of funds raised will be reported, and further action in the matter taken.

Monday the central committee made the following appointments. A. D. Ellingwood, J. U. Purington and S. N. Buck, committee to solicit funds, and E. C. Park, treasurer.

The following contributions have already been made.

Capt. R. B. Grover, \$100.00, Ceylon Rowe, 25.00, J. U. Purington, 10.00, C. D. Rowe, 10.00, C. D. Hill, M.D., 10.00, G. P. Bean, 10.00, Hastings Bros., 10.00, C. Bisbee, 10.00, J. M. Philbrook, 10.00, A. E. Herrick, 10.00, Ira C. Jordan, 10.00, G. R. Wiley, 10.00, E. C. Park, 5.00, S. B. Twitchell, 5.00, P. Skilling, 5.00, E. H. Young, 5.00, N. F. Brown, 5.00, F. J. Haggood, 5.00, P. H. Young, 5.00, J. H. Barrows, 5.00, H. and W. Farwell, 5.00, J. C. Billings, 5.00, Robert Billings, 5.00, E. B. Shaw, 5.00, G. A. Hastings, 5.00, S. D. Philbrook, 5.00, C. C. Bryant, 5.00, L. L. Mason, 5.00, E. S. Kilborn, 5.00.

Contributions can be sent to the committee, A. D. Ellingwood, J. U. Purington and S. N. Buck, Bethel, and they will appear in the following number of the News. An invitation is extended to all who have an interest in Bethel, to add to the sum.

DIET AND DIGESTION.

Sweet apples, cooked, are very easy of digestion, requiring but 1 1/2 hours.

People digest food that they relish better than that which is distasteful to them. The average man consumes about 60 ounces of water or other fluids per day.

Boiled apple dumplings require from three to four hours for proper digestion. The capacity of the stomach of a man weighing 150 to 175 pounds is about five pints.

Maximilian, the emperor of Rome, was able to eat a whole quarter of an ox at one meal.

Nearly four hours are required for the digestion of broiled chicken. A somewhat longer time is needed for the same when fried.

Boiled potatoes are much harder to digest than roasted or baked, the former requiring 3 1/2 hours, and the latter from 3 to 3 1/2.

Veal is one of the most indigestible of meats. When broiled, it may be digested in four hours; when fried, it requires nearly five.

The stomach is capable of enormous digestion. Gluttonous people often distend their stomachs to two or three times the original capacity.

Only adult animals, as a rule, are fit for food. A notable exception is the suckling pig, whose flesh is much more digestible than that of the grown porker.

The amount eaten seems to have little effect upon the increase of flesh. Some people grow fat with a very small allowance of food, while huge eaters frequently waste their food.

While digestion is going on there is a much greater flow of blood to the stomach than usual. Some physiologists calculate that ten times as much blood is required during digestion as at any other time.—St. Louis Globe-Democrat.

FOR SALE OR TO LET.

A House on High Street. 7 rooms. Inquire of J. B. Chapman.

BETHEL LOCALS.

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Spring Spring Spring

Is the season for purifying, cleansing, and renewing. The accumulations of waste in every body are broken and on all sides are indications of nature's returning life, renewed force, and awakening power.

It is the time for purifying the blood, cleansing the system and renewing the physical powers. Owing to close confinement, diminished perspiration and other causes, in the winter, impurities have not passed out of the system as they should but have accumulated in the blood.

It is therefore the best time to take Hood's Sarsaparilla, because the system is now most in need of medicine. That Hood's Sarsaparilla is the best blood purifier and Spring medicine is proved by its wonderful cures. A course of Hood's Sarsaparilla now may prevent great suffering later on.

Hood's Sarsaparilla

Is the One True Blood Purifier. All druggists. S. Prepared only by C. I. Hood & Co., Lowell, Mass.

Hood's Pills cure Liver, Bile, easy to take, easy to operate, 25c.

SHORT MAINE ITEMS.

Picked up here and there over the STATE, and arranged for the News.

Joseph Stewart, a farmer, aged 50, dropped dead of heart disease Friday in Avon.

A postoffice has been established at Sebaco, Sagadahoc Co., and E. P. Bartlett appointed postmaster.

The Machias Board of Trade completed its organization Wednesday night. There are over 50 members, including business and professional men and women.

O. F. Skillings of Portland, under six years sentence for alleged forgery was on April 9th, pardoned by Gov. Cleaves. The pardon is generally regarded as most humane and commendable.

Mildred Sudds, aged eight years, was burned to death at Five Islands Friday. Her grandfather was burning a pasture when the child's clothing caught fire, and the little girl lived only four hours.

Columbus C. Taintor of Dixfield, committed suicide Wednesday afternoon by cutting his throat.

Mr. Taintor was a member of the G. A. R. and leaves a widow, three sons and a daughter. He was 60 years of age and was employed as night watchman at the Harlow spool mill. No cause is known for the deed.

An aquatic sensation was developed Wednesday at Buckfield, in the killing of a huge seal and its offspring. The animals were seen upon the ice in the river and some men went out, and after quite a tussle with the mother killed her with a club, as she would not leave her young. The animal was 4 feet in length and having a girth of 54 feet. It is estimated that she weighed about 700 pounds. The young one had just been born, yet it was as large as ordinary seals about this part of the coast, weighing 100 pounds. Its coat is of a beautiful silver gray color and the fur is thick and fine.

GOULD ACADEMY NOTES.

Prin. Small was at Norway Saturday, to attend the teachers' meeting.

All were pleased to see Misses Grace Sanborn and Daisy Brooks at the Academy, Friday.

The students enjoy the sun these pleasant days by collecting on the dry ground in the school-yard.

The class beginning Latin this year are now reviewing the first book preparatory to reading Caesar.

The Misses Kellier enjoyed a visit at the Academy one day recently, from their friend, Bertha Salisbury.

On Monday afternoon Porter Swan enjoyed a visit from his brother Guy Swan, who was once a student here.

Misses Alice Carter and Bertha Cross left school at the end of last week in order to teach in the town schools. All are sorry to lose them. And unite in wishing them success.

G. A. sends out some very successful teachers.

On Thursday of last week, Miss Purington, assisted by the other teachers, entertained the scholars at her home on Main Street. The evening was pleasantly passed with music and parlor games. Ice cream and cake were served.

George French had the misfortune to cut his ankle last week, but he was able to be present Monday. This accident is quite a blow to the athletic association, as Mr. French was doing some very creditable work in the high jump.

NEW SUBSCRIBERS.

The following is the list of new subscribers received the past week.

Wm. Emery; Errol, N. H. J. H. Abbott; South Andover. C. S. Stearns; Gilead. E. F. Cushman; South Bethel. Freddie Wheeler; Bethel. J. T. Chapman; Berlin. Geo. A. Minott; Malden, Mass. Mrs. L. A. Buck; Lincoln.

A GRAND PREMIUM CONTEST.

Instituted by the Bethel News.

\$100. Remington Bicycle. \$100. The Grand Prize.

2nd and 3rd Prizes to be Announced Later.

A BRIEF OUTLINE.

It seems to be quite the thing for newspapers everywhere to offer valuable prizes and presents in connection with their publications. For many years the Youth's Companion has done this, and their enormous circulation has been obtained by this method and the interest that has been taken in it by the younger people.

Many of the papers in our own state have tried giving premiums to their subscribers with satisfactory results, and several of our Oxford County papers are now endeavoring to increase their subscription list by the same method.

THE PLAN.

The Bicycle will be given, free of all charge, to any person in Oxford County, "regardless of age, sex, habits, condition or color," who will, on or before the 30th day of June, 1896, secure for the Bethel News the greatest number of new subscriptions or renewals, and the greatest amount of job work for our job department.

To the persons securing the second and third largest count in Subscriptions and job work, valuable second and third prizes will be given which will soon be announced. Method of counting: One new subscriber or renewal will count 100 for the person securing and so on.

Every dollar's worth of job printing to count as much as one new subscriber or renewal. We take 100 as a basis of counting only for convenience.

The final counting of the subscribers and job work will be by a committee of three, one to be the editor of the News, and the other two to be selected by the contestants. The counting will take place at the News office at 3.00 o'clock in the afternoon of June 11th.

THE BICYCLE.

The bicycle to be given away in this grand contest is a \$100 Remington machine. It will be furnished through the well known agency of S. N. Buck, of Bethel, who will guarantee a perfect wheel in every respect.

Mr. Buck has two wheels on exhibition for ladies and one for gentlemen and they will be on exhibit until the close of the contest, when the winner may select the wheel preferred. Mr. Buck may be consulted in regard to the contest any time. He has been fully informed as to the details and he will be pleased to show the wheels to any one who cares to see them or he will answer any questions in regard to the contest.

AN INCENTIVE.

We do not want any one to do any work for the Bethel News without receiving a fair compensation and in addition to the elegant presents to be given away, to every person who enters the contest to work we will allow twenty-five cents commission on every new subscriber secured, providing that the contestant secures as many as five new subscribers to the News at \$1.25 each, may pay us \$5.00 and keep the balance, \$1.25, as their commission, and on each and every subscription obtained after this, twenty-five cents may be deducted from the amount of the subscription. No commission will be allowed on renewals.

RULES.

Credit once given to a contestant cannot afterward be transferred to another. Every year's subscriber or renewal accompanied by cash will count 100.

Job work amounting to \$2.00 will count 100.

Parties subscribing for the News at this office who are not in the contest may have their subscription count to any candidate, or person they wish to become a candidate.

The contest will close at precisely three o'clock on Saturday, June the 20th, 1896, and nothing received after the hour named will be credited.

The standing of the different contestants will be published in the News each week up to within two weeks of the close. The last two weeks, no information whatever regarding the standing of the contestants will be given from the News office.

To Whom it May Concern.

In reply to numerous questions asked me in relation to the bicycle offered by Mr. Ellingwood, as a premium to the Bethel News, I will state that the bicycle I am to furnish Mr. Ellingwood is to be delivered to the person obtaining the largest count according to the terms of the contract, is a new \$100 Remington bicycle, either ladies or gents. The bicycle will be delivered immediately after the contest has been decided, by the committee appointed to count up the result. No better bicycle can be purchased than the Remington, and the party who secures this machine may well feel proud of their success. The bicycle is a first class one and will be delivered to the successful person according to the agreement.

S. N. Buck.

BIRTHS.

In Sweden, April 6, to the wife of Charles M. Evans, a son (Lillian Charles).

In Norway, April 2, to the wife of Eldon Stevens, a son.

In Norway, April 3, to the wife of Isaac H. Pingree, a son.

In Errol, N. H., April 11th, by L. W. Hayes, Esq., Mr. Edward Thomas and Mrs. Phoebe Thompson, both of Upton, a son.

In Hanover, April 4, Mr. Sidney Howe and Miss Lennie Heath, a son.

In Rumford, Mr. Dodd of Athol, Mass., and Mrs. Ella Thomas of Rumford.

In Berlin, April 6, Mary E. Saunders, formerly of Woodstock, aged 54 years.

DEATHS.

In Paris, April 11, John Black, aged 82 years.

In Woodstock, April 6, Joseph Farrar, aged 82 years.

In Oxford, April 5, William Farrar, aged 82 years.

In Sumner, April 3, Mrs. Abigail F. Wild of A. Judson Robinson, aged nearly 82 years.

In Stoneham, April 7, Abbie Macalister, formerly of Woodstock, aged 54 years.

IN THE NEWS.

Proposes to inaugurate a contest that will appeal to the heart of every girl and boy in Oxford County, not already the possessor of a bicycle, that modern means of locomotion, which is ever increasing in popularity.

The Bethel News was instituted June 5, 1895, and has come to Bethel to stay, if patient toil and perseverance count for anything, and our object in inaugurating this grand contest is the hope of an increased subscription list, and more business for our job department.

For several years we have been revolving the project in our minds of trying to decide on suitable prizes and the best plan of procedure, and we can think of nothing more satisfactory for a first prize than an elegant Remington Bicycle.

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LEGAL NOTICES.

Oxford—

Taken the twenty-fourth day of March, A. D. 1896, on execution, dated March 28, 1896, issued on a judgment rendered by the Supreme Judicial Court for the County of Oxford, at the term thereof begun and held on the second Tuesday of February, A. D. 1895, in favor of the WARDEN, BRISTOL & GLENN CO., a corporation existing under the laws of the state of Ohio, and having its place of business at Springfield, in the county of Clark and state of Ohio, against GEORGE W. MORSEY and CHARLES GROVER, both of Albany, in said County of Oxford and State of Maine, for forty dollars and eighty-eight cents debt or damage, and sixteen dollars thirty-eight cents cost of suit, and will be sold at public auction at the office of R. A. Frye, in Bethel, in said county of Oxford, to the highest bidder, on the twenty-eighth day of April, A. D. 1896, at ten o'clock in the forenoon, the following described real estate and all the right, title and interest which the said defendant, Charles Grover, has in and to the same or had on the eighteenth day of September, A. D. 1895, at ten o'clock in the forenoon, the time when the same was attached on the writ in the same suit, to wit:—

A piece of land situated in said Albany, and being a place of pasture lying on the west side of a road now or formerly owned by R. A. H. Lebrooke, known as the Ravine Run-Hudson farm, and bounded as follows, to wit:—

Starting from a post on the road leading from Albany to Norway on the south side of a passage way or bridge constructed for the passage of cattle from the pasture to the water of the Hudson River, then following the wall and fence from said post to a corner of "Hunt and another" meaning the land of the late Luther Blaine farm, thence running in a northwesterly direction to a lot of land owned by said Charles Grover when the same was conveyed to said Grover, thence back to the above named road, then following said road back to the first named post, being the pasture lots of said Charles Grover, book 33, page 28, together with the privilege of going to said pond for water.

Cyrus M. Wormald, Deputy Sheriff, March 24th, 1896.

THE PRESS CLAIMS GO.

618 F Street, Northwest, WASHINGTON, D. C.

The responsibility of this company may be judged by the fact that its stock is held by over one thousand of the leading newspapers in the United States.

IT'S THE SIMPLE, TRIVIAL INVENTIONS THAT YIELD FORTUNES.

such as De Long's Hook and Key, "See that Lump," "The Patent for the Movable Patent during the preceding month."

We secure the best patents for our clients, and the object of this offer is to encourage inventors to keep their eyes open for the simple things that most stopper, and a thousand other little things that most stopper, and a thousand other little

